

Our Services

Experience the Qliance Medical Home



Routine Primary & Preventive Care

Our providers offer comprehensive primary care from treating acute health issues like the common cold and flu, to broad concerns such as diet and exercise. Visits may include annual physicals and personalized coaching to create positive lifestyle changes such as weight loss, smoking cessation and stress management.

Wellness Education

We offer patient education on a variety of health topics. From diet and nutrition, to age-specific health screenings, your Qliance provider will evaluate your current state-of-health and make recommendations for improving your future wellbeing.

Urgent Care

We care for minor urgent medical problems including broken bones, sprains, cuts, acute illnesses and other conditions that do not require hospital care.

Chronic Disease Management

Our practice incorporates national guidelines to provide you with state-of-the-art primary care for diabetes, hypertension, hyperlipidemia, heart disease, asthma, arthritis, osteoporosis and many other chronic conditions. Your Qliance provider will work with you to manage your condition and help guide you toward making the best health care decisions.

Hospital & Specialist Care Coordination

If you are hospitalized, your Qliance provider will work with a hospitalist to coordinate and manage your care. If you need to see a specialist, your Qliance clinician will provide a referral and work with you and your specialist to manage your after-care. We will work to make referrals to providers covered by your insurance policy or to specialists who offer discounts if you are a cash paying patient.

If you want better access, exceptional service and more time with your primary care provider, our direct patient-centered care is ideal.

To learn more about Qliance or to become a member, visit us at www.Qliance.com, call us at **1-877-Qliance** or email info@qliance.com.



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Downtown Seattle | Kent Station | Mercer Island | Tacoma
More locations coming soon!

Qliance does not provide comprehensive health insurance coverage. It provides only the health care services specifically described in the Qliance Patient Services Guide which can be found online at www.Qliance.com or by calling (206) 381-3030.

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Welcome to health care
the way it *should* be





90% of health care delivered in America is primary care.

We can treat the majority of your health care needs in our clinics. From annual exams to basic x-rays, the common cold to diabetes management, your Qliance provider will work with you to help keep you at your healthiest.

Caring for you early and often

We encourage you to see us early and often. By taking care of you when you first get sick, we can help prevent more serious issues from arising - keeping you out of the emergency room and out of other, more expensive parts of the health care system. Not only does this help you heal faster, but it also saves you money!

In a study completed over two years, our patients made fewer trips to the emergency room, required specialists less often, experienced fewer hospital stays and needed less advanced radiology when compared to regional benchmarks.

What is Qliance® Direct Primary Care?

We offer a new membership-based approach to primary health care. For a low monthly fee, you receive comprehensive primary care including unrestricted access to a provider, extended office visits, wellness education, hospital and specialist care coordination and more. Our innovative approach to medicine allows you to have more time with your doctor and to be seen when and how you want.

How can we do this?

Our providers work with a small, limited number of patients so the care you receive is personal, thorough and affordable. This approach gives us the extra time to better understand your health care needs and to provide you with the highest quality care. Best of all, health care decisions are made by you and your provider in a comfortable, patient-centered atmosphere.

Qliance Features

- No copays, coinsurance or deductibles
- See your provider as often as you like
- Same or next-day appointments
- Unhurried 30 - 60 minute office visits
- Extended weekday hours
- Weekend office hours
- Phone consultations & email access
- On-site dispensary
- Comprehensive care management
- 24/7 phone access to a provider for urgent care



Type of Referral	Qliance # per year/1000 [†]	Benchmark*	Difference
ER Visits	56	158	-65%
Hospitalizations (Visits)	34	53	-35%
Hospitalizations (In Days)	105	184	-43%
Specialists Visits	670	2000	-66%
Advanced Radiology	300	800	-63%
Surgeries	22	124	-82%

[†]Based on best available internal data, may not capture all non-primary care claims

^{*}Based on regional benchmarks from Ingenix and other sources.

Source: Qliance Medical Group non-Medicare patients, 2010 (n=3,088)